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## <u>Abstract</u>

## Peptides obtainable by

- adding proteases to cow's milk or human milk, followed by incubation for two hours;
- centrifugation to remove milk fat;
- acidification to a pH of 2.0 with strong acids;
- removing the precipitated proteins;
- application of at least one reverse phase HPLC step;
- application of a cation-exchange HPLC step;
- collecting fractions;
- adjusting the fractions to a salt content of < 25 mM by dialysis or reverse phase HPLC for performing activity tests;
- culturing *Bifidobacterium bifidum* and *E. coli* in the presence of the fractions and selecting fractions which meet the requirement:

BW EW 
$$\rightarrow$$
 0.15 (bifidogenic) B0 E0

wherein BW represents the germ count obtained upon 16 hours of incubation of *Bifidobacterium bifidum* in 50% Elliker broth in the presence of the peptides in a concentration of 200 µg/ml;



B0 represents the germ count obtained in the control incubation without active substances;

150

EW represents the germ count obtained upon 16 hours of incubation of *E. coli* in 3 g/ tryptic soy broth in the presence of the peptides in a concentration of  $200 \mu g/ml$ ;

E0 represents the germ count obtained in the control incubation without active substances;

isolation of the peptide contained in this fraction;

and the amidated, acetylated, sulfated, phosphorylated, glycosylated, oxidized derivatives or fragments thereof having bifidogenic properties, and peptides obtainable by the combination of the peptides, fragments or derivatives by chemical bonding.